

BC MEDIA LIST BY REGION

Region	Organization Name	Email	Work Phone
BC Wide Media			
BC	CBC Radio One, All Points West	allpointswest@cbc.ca	(250) 360-2227
BC	CBC Radio One, B C Almanac	bcalmanac@cbc.ca	(604) 662-6119
BC	CTV British Columbia	bcassign@ctv.ca	(604) 609-5800
BC	Canadian Autoworkers Union	cawbc1@caw.ca	(604) 522-7911
BC	CBC Radio One, Daybreak South	daybreakkelowna@cbc.ca	(250) 861-3781
BC	CBC Radio One, Daybreak North	daybreaknorth@cbc.ca	(250) 624-2161
BC	DeSmog Blog	editor@desmogblog.com	(206) 588-2580
BC	First Nations Drum	editor@firstnationsdrum.com	(604) 669-5582
BC	GreenMuze.com	editor@greenmuze.com	(250) 537-8899
BC	Prospector	editor@theprospectornews.com	(604) 639-5495
BC	The Tye	editor@thetyee.ca	(604) 689-7489
BC	Indo-Canadian Voice	editor@voiceonline.com	(604) 502-6100
BC	Indo-Canadian Times	indo@direct.ca	(604) 599-5408
BC	Energy and Paperworkers Union of Canada	info@cep.ca	(604) 682-6501
BC	SPARC News	info@sparc.bc.ca	(604) 718-7746
BC	Infokus	infokus@ultranet.ca	(604) 669-1325
BC	CBC Radio One, All Points West	jo-ann.roberts@cbc.ca	(250) 360-2227
BC	CBC Radio One, B C Almanac	mark_forsythe@cbc.ca	(604) 662-6104

BC MEDIA LIST BY REGION

BC	Talentvision Richmond, BC	newsroom@fairchildtv.com	(604) 708-1328
BC	GLOBAL BC	newstips@globaltv.ca	(604) 421-9494
BC	Shaw TV	oktoday@shaw.ca	(250) 979-6540
BC	Canadian Broadcasting Corporation	radionews@vancouver.cbc.ca	(604) 662-6900
BC	The Vancouver Sun	sunnewstips@vancouver.sun.com	(604) 605-2985
BC	The Province	tabtips@theprovince.com	(866) 368-5888
BC	CHTV	tips@chtv.ca	(250) 389-6400
BC	GLOBAL BC	tips@globaltvbc.com	(604) 420-2288
BC	Canadian Press	vancouver@broadcastnews.ca	(604) 687-1662
Cariboo Chilcotin			
CC	Coast Mountain Advisor Bella Coola	cmnews@caribooadvisor.com	
CC	100 Mile House Advisor	editor@100milehouseadvisor.com	(250) 395-1053
CC	Kamloops This Week	editor@kamloopsthisweek.com	(250) 374-7467
CC	The Bridge River Lillooet News	editor@lillooetnews.net	(250) 256-4219
CC	Merritt News	editor@merrittnews.net	(250) 378-8876
CC	Quesnelnews.com	editor@quesnelnews.com	(250) 992-9895
CC	Quesnel Cariboo Observer	editor@quesnelobserver.com	(250) 992-2121

BC MEDIA LIST BY REGION

CC	Williams Lake Tribune	editor@wltribune.com	(250) 392-2331
CC	Ashcroft Cache Creek Journal	editorial@accjournal.ca	(250) 453-2261
CC	Quesnel Advisor	editorial@quesneladvisor.com	(250) 992-5572
CC	570 AM CKWL Williams Lake, British Columbia	eknews@cintek.com	(250) 426-2224
CC	Merritt Morning Market	market@uniserve.com	(250) 378-5717
CC	The Dawson Creek Daily News	news@dcdn.ca	(250) 782-4888 ext 121
CC	100 Mile House Free Press	newsroom@100milefreepress.net	(250) 395-2219
CC	Clearwater Times	newsroom@clearwatertimes.com	(250) 674-3343
CC	Burns Lakes District News	newsroom@ldnews.net	(250) 692-7526
CC	Merritt Herald	newsroom@merrittherald.com	(250) 378-4241
CC	St'at'imc Runner Newspaper	statimcrunner@yahoo.ca	(250) 256-7523
East Kootenays			
EK	Kimberley Daily Bulletin	bulletin@cyberlink.bc.ca	(250) 427-5333
EK	Columbia Valley Pioneer Invermere BC	editor@cv-pioneer.com	(250) 341-6299
EK	CKGR Golden/Invermere	ckgr@cablerocket.com	(866) 439-6397
EK	Revelstoke Times Review	editor@revelstoketimesreview.com	(250) 992-2121

BC MEDIA LIST BY REGION

EK	The Free Press Fernie BC	editor@thefreepress.ca	(250) 423-4666 ext 101
EK	Invermere Valley Echo	general@invermerevalleyecho.com	(250) 342-9216
EK	Kootenay	info@cfek.ca	(250) 489-4356
EK	Nakusp Cable Television	nakusp@columbiacable.net	(250) 265-3733
EK	Revelstoke, BC	rctv@rctvonline.net	(250) 837-5246
EK	Cranbrook Daily Townsman	townsman@cyberlink.bc.ca	(250) 426-5201
Fraser Valley			
FV	Chilliwack Progress	editor@theprogress.com	(604) 702-5570
FV	Abbotsford Times	editorial@abbotsfordtimes.com	(604) 854-5244
FV	Chilliwack Times	editorial@chilliwacktimes.com	(604) 792-9117
FV	Langley Advance	editorial@langleyadvance.com	(604) 534-8641
FV	Agassiz-Harrison Observer	news@ahobserver.com	(604) 796-4302
FV	Hope Standard	news@hopestandard.com	(604) 869-4992
FV	Mission City Record	news@missioncityrecord.com	(604) 820-5458
FV	Abbotsford News	newsroom@abbynews.com	(604) 853-1144
FV	Langley Times	newsroom@langleytimes.com	(604) 514-6751
Metro Vancouver			

BC MEDIA LIST BY REGION

MV	Coast Cable	cable11@coastcable.com	(604) 886-8565
MV	Giant FM 100.7	cigv@img.net	(250) 493-6760
MV	CJSF	cjsfmgr@sfu.ca	(604) 291-3727
MV	Georgia Straight	contact@straight.com	(604) 730-7000
MV	The Chief	dburke@squamishchief.com	(604) 892-9161
MV	Delta Cable Communications Ltd.-TV	dctv4@deltacable.com	(604) 940-3660
MV	Pique News Magazine	edit@piquenewsmagazine.com	(604) 938-0202
MV	Burnaby News Leader	editor@burnabynewsleader.com	(604) 456-6352
MV	Cloverdale Reporter	editor@cloverdalereporter.com	(604) 575-2405
MV	Coast Reporter	editor@coastreporter.net	(604) 885-4811
MV	Delta Optimist	editor@delta-optimist.com	(604) 946-4451
MV	Maple Ridge News	editor@mapleridgenews.com	(604) 476-2733
MV	North Shore News	editor@nsnews.com	(604) 985-2131
MV	Asian Pacific Post	editor@postpeopleinc.com	(604) 821-1954
MV	Richmond News	editor@richmond-news.com	(604) 270-8032
MV	South Delta Leader	editor@southdeltaleader.com	(604) 948-3640 Local 122
MV	Vancouver Echo	editor@vanecho.com	(604) 437-7030

BC MEDIA LIST BY REGION

MV	Westender	editor@westender.com	(604) 742-8686
MV	Burnaby Now	editorial@burnabynow.com	(604) 444-3007
MV	Peace Arch News Whiterock, BC	editorial@peacearchnews.com	(604) 531-1711 ext 102
MV	Royal City Record New Westminster BC	editorial@royalcityrecord.com	(604) 444-3007
MV	Surrey Now	editorial@thenownewspaper.com	(604) 572-0064
MV	Vancouver Courier	editorial@vancourier.com	(604) 738-1411
MV	False Creek News	fcnews2002@yahoo.ca	(604) 875-9626
MV	CKNW	good@cknw.com	(604) 280-9898
MV	The Graduate	graduate@gss.ubc.ca	(604) 822-1530
MV	Vancouver Observer	info@vancouverobserver.com	(778) 318-4673
MV	1470 AM	news@am1470.com	(604) 295-1230
MV	Business in Vancouver	news@biv.com	(604) 688-2398
MV	CITR UBC RADIO	news@citr.ca	(604) 822-5334
MV	CKNW	news@cknw.com	(604) 331-2832
MV	CISQ Squamish/Whistler	news@mountainfm.com	(877) 450-6397
MV	Richmond Review	news@richmondreview.com	(604) 247-3730
MV	The Peak	news@thepeak.ca	(250) 847-2773
MV	Whistler Question	news@whistlerquestion.com	(604) 932-5131
MV	News1130	news1130@rci.rogers.com	(604) 877-4400

BC MEDIA LIST BY REGION

MV	New Westminster News Leader	newsroom@burnabynewsleader.com	(604) 456-6352
MV	North Shore Outlook	newsroom@northshoreoutlook.com	(604) 903-1005
MV	Surrey North Delta Leader	newsroom@surreyleader.com	(604) 575-2744
MV	The Tri-city News Port Moody	newsroom@tricitynews.com	(604) 472-3030
MV	CKNW	nwnews@cknw.com	(604) 331-2832
MV	Swedish Press	office@nordicway.com	(604) 731-6381
MV	Westender	reporter@westender.com	(604) 742-8686
MV	Simon Fraser University News	sfunews@sfu.ca	(778) 782-3219
MV	CKSR Fraser Valley	starnews@starfm.rogers.com	(604) 792-6681
MV	24 Hours, Vancouver	van24news@sunmedia.ca	(604) 322-2356
North East BC			
NE	CJDC Dawson Creek	cjdcnews@pris.bc.ca	(250) 782-6397
NE	Chetwynd Echo	editor@chetwyndecho.net	(250) 788-2246
NE	North East News Fort St. John BC	editor@northeastnews.ca	(250) 787-7030
NE	Valley Sentinel Valemount, BC	editor@thevalleysentinel.com	(250) 566-4425
	Alaska Highway News FSJ	editor@ahnfsj.ca	(250)782-4888 ext 101
NE	Tumbler Ridge News	mail@tumbleridgenews.com	(250) 242-5343
NE	Fort Nelson News	news@fnnews.ca	(250) 774-2357
North Island			
NI	Campbell River Mirror	editor@campbellrivermirror.com	(250) 287-9227

BC MEDIA LIST BY REGION

NI	North Island MidWeek	editor@campbellrivermirror.com	(250) 287-9227
NI	North Island Gazette	editor@northislandgazette.com	(250) 949-6225
NI	The Powell River Peak	editor@prpeak.com	(604) 485-5313
NI	The Powell River Peak	reporter@prpeak.com	(604) 485-5313
North West BC			
NW	Smithers Interior News	editor@interior-news.com	(250) 847-3266
NW	Northwest Coast Energy News	editor@nwcoastenergynews.com	
NW	Omineca Express Vanderhoof BC	express@hwy16.com	(250) 567-9258
NW	Prince George Citizen	news@princegeorgecitizen.com	(250) 562-2441
NW	Caledonia Courier Fort St. James	newsroom@caledoniacourier.com	(250) 996-8482
NW	Northern Sentinel Kitimat, BC	newsroom@northernsentinel.com	(250) 632-6144
NW	Omineca Express	newsroom@ominecaexpress.com	(250) 567-9258
NW	Terrace Standard	newsroom@terracestandard.com	(250) 638-7283
NW	The Northern View Prince Rupert	newsroom@thenorthernview.com	(250) 624-8088
NW	Northern Light Vanderhoof, BC	northern-light@telus.net	(250) 567-4299
NW	QCI Observer	observer@haidagwaii.ca	
NW	Queen Charlotte Islands Observer	observer@qcislands.net	(250) 559-4680

BC MEDIA LIST BY REGION

NW	Over the Edge	over-the-edge@unbc.ca	(250) 960-5633
Okanagan			
OK	Daily Courier	city.desk@ok.bc.ca	(250) 470-0748
OK	Oliver Chronicle	editor@oliverchronicle.com	(250) 498-4416
OK	Penticton Herald	editor@pentictonherald.ca	(250) 490-0880 ext. 300
OK	Penticton Western News	editor@pentictonwesternnews.com	(250) 492-3636
OK	Similkameen Spotlight	editor@similkameenspotlight.com	(250) 295-3535
OK	Lakeshore News	editorial@lakeshorenews.bc.ca	(250) 832-9461
OK	Phoenix News UBC Okanagan	editorinchief@thephoenixnews.com	(250) 807-9296
OK	Naramata Notes	naramatanotes@shaw.ca	(250) 496-4220
OK	CFJC Kamloops BC	news@cfjctv.com	(250) 851-3204
OK	Kamloops Daily News	kamloopsnews@telus.net	(250) 371-6145
OK	Keremeos Review	news@keremeosreview.com	(250) 499-2653
OK	Osoyoos Times	news@osoyoostimes.com	(250) 495-7225
OK	Star Journal Barriere BC	news@starjournal.net	(250) 672-5611
OK	Summerland Review	news@summerlandreview.com	(250) 494-5406
OK	Lake Country Calendar	newsroom@lakecountrynews.net	(250) 766-4688

BC MEDIA LIST BY REGION

OK	Eagle Valley News Sicamous, BC	newsroom@saobserver.net	(250) 832-2131
OK	CHNL Kamloops r	nlnews@radionl.com	(250) 374-1610
South Vancouver Island			
SI	Alberni Valley Times	avtimesnews@shaw.ca	(250) 723-8171
SI	CKLR	bnation@islandradio.bc.ca	(250) 703-0199
SI	Ucluelet Video Services Ltd.	cs@ukeecable.net	(250) 726-7792
SI	CFUV	director@uvic.ca	(250) 721-8701
SI	Alberni Valley News	editor@alberniavalleynews.com	(250) 723-6399
SI	Bowen Island Undercurrent	editor@bowenislandundercurrent.com	(604) 947-2442
SI	Comox Valley Record	editor@comoxvalleyrecord.com	(250) 338-7816 ext 239
SI	Cowichan News Leader Pictorial	editor@cowichannewsleader.com	(250) 746-4471
SI	Goldstream News Gazette	editor@goldstreamgazette.com	(250) 478-9552
SI	Ladysmith Chronicle	editor@ladysmithchronicle.com	(250) 245-2277
SI	Lake Cowichan Gazette	editor@lakecowichangazette.com	(250) 749-4383
SI	Monday Magazine	editor@mondaymag.com	(250) 382-6188 loc 137
SI	Nanaimo News Bulletin	editor@nanaimobulletin.com	(250) 753-3736 ext. 227
SI	Peninsula News Review	editor@peninsulanewsreview.com	(250) 656-1151

BC MEDIA LIST BY REGION

SI	Parksville Qualicum Beach News	editor@pqbnews.com	(250) 248-2545 , ext. 215
SI	Saanich News	editor@saanichnews.com	(250) 381-3633 ext 277
SI	Sooke News Mirror	editor@sookenewsmirror.com	(250) 642-5752
SI	Victoria News	editor@vicnews.com	(250) 381-3633 Ext. 293
SI	Focus Magazine	focusedit@shaw.ca	(250) 388-7231
SI	Grapevine	grapevin@island.net	(250) 335-1794
SI	Cowichan Valley Citizen	news@cowichanvalleycitizen.com	(250) 748-2666
SI	Gulf Islands Driftwood	news@gulfislands.net	(250) 537-7080
SI	Monday Magazine	news@mondaymag.com	(250) 382-6188
SI	Nanaimo Daily News	news@nanaimodailynews.com	(250) 729-4224
SI	Salt Spring News	pressreleases@saltspringnews.com	(250) 537-4312
SI	First Edition	thefirstedition@hornbyisland.com	(250) 335-0466
SI	Chek News	tips@cheknews.ca	(866) 639-7241
SI	Corporation	victoria@cbc.ca	(250) 360-2227
SI	The Record Gold River, BC	record@island.net	(250) 283-2324
West Kootenays			
WK	Nelson Daily News	bctvnewstips@tmtv.net	(250) 229-4261
WK	Arrow Lakes News	editor@arrowlakesnews.com	(250) 837-4667

BC MEDIA LIST BY REGION

WK	Creston Valley Advance	editor@crestonvalleyadvance.ca	
WK	Grand Forks Gazette	editor@grandforksgazette.ca	(250) 442-2191 , ext. 202
WK	Kootenay News Advertiser	editor@kootenayadvertiser.com	(250) 489-3455
WK	Kootenay Business Magazine	editor@kpimedia.com	(250) 426-7253
WK	Nelson Star	editor@nelsonstar.com	(250) 352-1890
WK	Trail Daily Times	editor@trailtimes.ca	(250) 364-1242 ext. 211
WK	Golden \$ Store	editorial@cablerocket.com	(250) 344-5251
WK	Pennywise	info@pennywiseads.com	(250) 353-2602
WK	Kootenay Co-op	kcr@kootenaycoopradio.com	(250) 352-9600
WK	The East Shore Mainstreet	mainstreet@theeastshore.net	(250) 227-9246
WK	Castlegar News	newsroom@castlegarnews.com	(250) 365-6397
WK	Mountaineer	bctimes@direct.ca	(250) 445-2233